

Slow Down

Intermediate – Pop – Moderate Tempo

Music By: Selena Gomez, "Star Dance" Album, Released July, 2013

Choreo By: Missy Shinoski, CCI, Kansas City, MO; kloghop@sbcglobal.net

www.MissyShinoski.Info ; www.CitySlickerStomp.Info

Wait 16 Beats

Sequence: A B C D A B C D Break-1 Break-2 C D

Part A: 32 Beats

Ida Rock Out D(B)/SL BR/SL DS B/SL DS RS R(OTS)S DS(XIF)/Flange
L R L R L RR L RL R L R L
& 1 & 2 &3 &4 &5 &6 & 7 &a 8

Drag Up T-DR(UNX)/S(XIF)/Flange T-DR(UNX)/S(XIF)/Flange T-DR(UNX)/S (pause) S (forward)
L L R R R L L L R
& a 1 & a 2 & 3 & 4

Stomp 3 Double Steps STOMP DS DS DS (1/2L)
L R L R

2 Homer Runs/Pony S S(XIB) S(UNX) H-SCUFF/SL S S(XIB) S(UNX) H-SCUFF/SL (forward)
L R L R L RL R L R
& 1 & a 2 & 1 & a 2

Fancy Dbl & Time Bomb DS DS RS RS (1/2R) STOMP RS STOMP RS STOMP RS RS STOMP RS STAMP
L R LR LR L RL R LR L RL RL R LR L
1 &2 & 3& 4 &5 &6 & 7& 8

Part B: 32 Beats

Drag Loop Stomp DS DR/K S(XIF) DS SL/Pivot(3/4R) S DS DS STOMP STOMP DR/SL
L L RR L L L RL R L R B R
&1 & 2 &3 & 4 &5 &6 & 7 & 8

Show Off DS RS K(XIF) (hit L hand to R foot) K(UNX) (hit R hand to R foot) Clap-Hands
L RL R R
&1 &2 & 3 &

B/H(feet split apart) (Punch-L hand up) (pause) STOMP DS RS BR/SL (1/4L)
R L L R L R L R
4 & 5 &6 &7 & 8

***Repeat To Face Front ***

Part C: 32 Beats

2 Pull Basics S(F) DR-toe/S DS RS (diagonally Forward L) S(F) DR-toe/S DS RS (diagonally Forward R)
L R RL RL R L LR LR

Samantha DS DS(XIF) DR/S DR/S S S DS DS RS (360R)
L R R LL RLRL R LR

Repeat 2 Pull Basics – moving diagonally Back L & R, then Samantha (360R)

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Part D: 32 Beats

Sally Vine DS DS(X) S(O) S(B) S(O) S(B) H-SCUFF/SL (1/4R) DS(X) DR S S(O) S
L R L R L R L R L R L L RL R
&1 &2 & 3 & 4 & 5 &6 & 7 & 8

Keeney Pause D/H (pause) B/H (pause) S/T/T(B)/B/H (pause) S DS(XIF) B/SL B/SL (1/4R)
LR RL LRR RL LR LL RR
&a1 & 2 & a 3 & a 4 & 5 &6 &7 &8

*****Repeat To Face Front *****

Break 1: 64 Beats

High Gallop DS D(X)/SL D(O)/SL B/H/B B/H/B B/SL RS K/SL
L R L R L RL LRL LR LR L R
&1 & 2 & 3 e & 4 e & 5 &6 &7 & 8

Traveling Shoe & Stomp Double DS (1/4L) H/S H/S H/S (forward) (pause) Stomp DS DS RS (1/4R)
L RLRLRL R L R LR

2 Basics & Fancy Double DS RS DS RS DS DS RS RS (360L)
L RL R LR L R LR LR

Quick Turkey H/T-slap B S H/T-slap S (pause) STOMP DS DS RS
L L R LR R L R L R LR
1 & 2 & 3 & 4 & 5 &6 &7 &8

*****Repeat *****

Break 2: 32 Beats

Triple Brush & Triple DS DS DS BR/SL (forward) DS DS DS RS (Backing)
L R L R L R L R LR
&1 &2 &3 & 4 &5 &6 &7 &8

2 Chains DS RS RS RS (360L) DS RS RS RS (360R)
L RL RL RL R LR LR LR

*****Repeat *****

